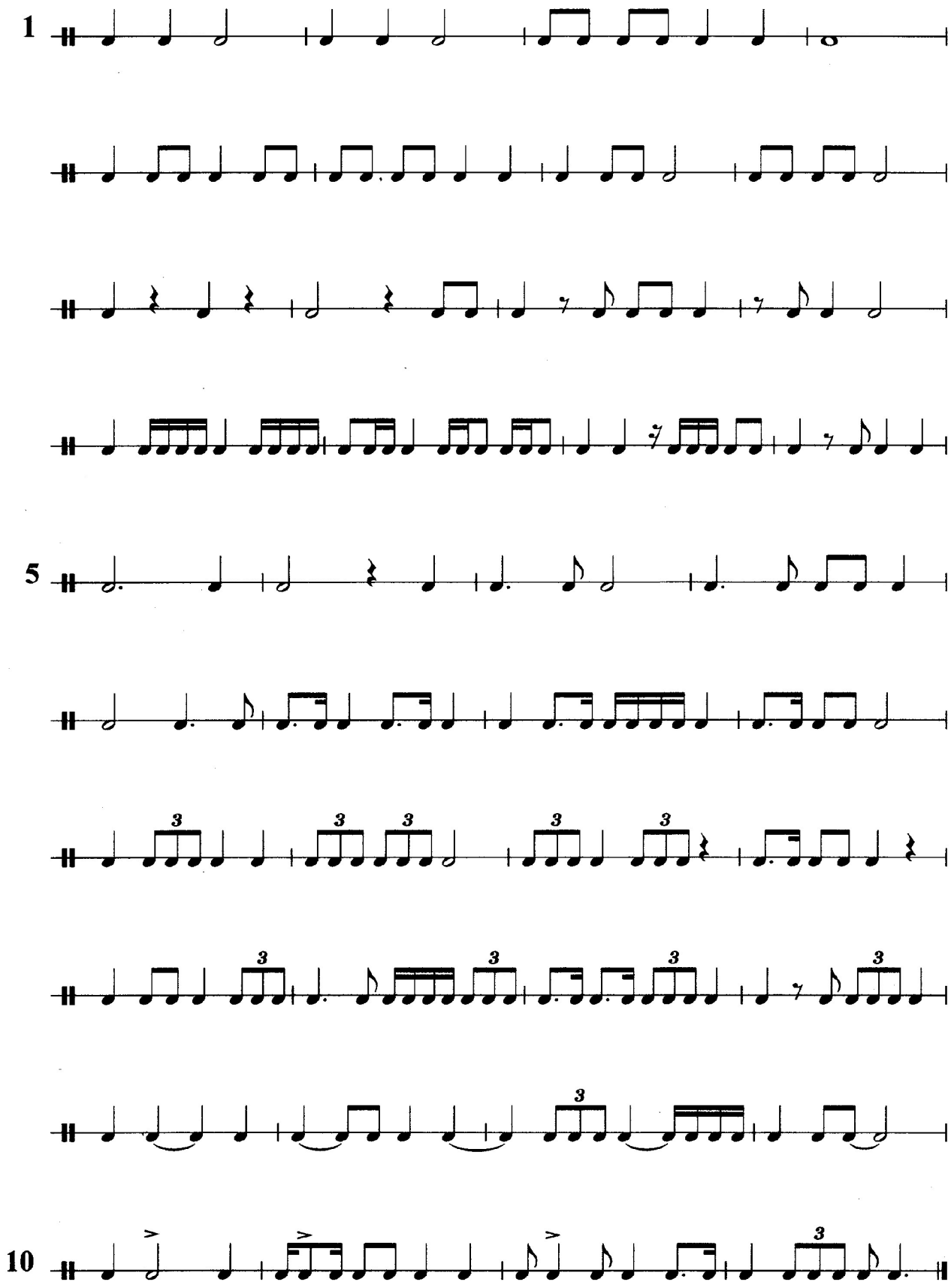Rhythmusübungen (incl.Triolen, Bindebögen und Synkopen)